



Unity Church of Christianity
YOUR SOUL ROLE
AUGUST 7, 2011

Howard Caesar

There was a mother who went with her daughter on a camping trip. And after a night of swatting bugs, Keisha, the little girl, asked her mom, “Mother, how did two mosquitoes survive the entire trip on Noah’s Ark?” Have you ever as a child asked the question, “Why did God create mosquitoes?” I did. I can remember that. There were a lot of mosquitoes where I was as I grew up. So there are different questions that we ask.

Perhaps you’ve wrestled with the idea of also finding your purpose in your life, wanting to gain some sense of clarity around the role that you play as a soul on earth. That’s something that’s important to get clear on: the role that you play as a soul on earth. Why did you come? What is your role? Your soul role. And whether you like it or not, we are all really a part of a series of connections, and those connections begin obviously with those that are closest to us: our family members, our spouse, our parents, our children, our relatives, our siblings, all of that. And then we are also a part of our workplace and the dynamics there. We are also a part of various clusters of groups and organizations and friendships and various acquaintances and gatherings that we may be a part of. We interact in all of these areas, and we have a role to play. We interact and we impact the people in the way that we show up there. But we can take this even beyond that and get to see that we are actually a part of our communities. In one way or another we are, in a big

Unity Church of Christianity

Your Soul Role

August 7, 2011

Page 2

or small way. We are a part of this state, we are a part of our nation, and we are a part of humanity. And so we should never lose sight of the fact that we are a part in all these different dimensions, because we play a role in all of these sectors of life, because the truth is that we are all tied together in consciousness.

And if you understand consciousness, we are all tied together, we are all impacting one another, we all live in an ocean of thoughts, ideas, beliefs, opinions, all of that that we're swimming in, if you will, some of which are our own and many of which are not our own. It's sort of like the cell phones: that we can't see the signal coming but they're all out there, all kinds of signals. And on an unseen level there are frequencies of thought that ring us up, and there are various dimensions of those frequencies, high and low, good and bad. And so we get rung up from time to time, and they want our attention. We have to determine whether or not we're going to answer, whether or not we're going to tune in, whether we're going to align with that frequency as we're being hit with it. We know that Jesus and others have suggested that it's important to understand that you are to be in the world but not of it. And there is a distinction there: that there will be things in the world that can kind of take you down if you become of it and that there is a state of being that one must work toward achieving to strive to offset the ways of the world and the dark side of the world or the shadow side of the world that is there. And so we are all here to learn to understand the importance of clinging to the light. That's why Jesus emphasized that so much, and that's why Jesus said one of our goals is to really be a light in the world, because you can be a lot less than a light. It's really easy to slip into the dark side. It's there. So you have to be intentional, you have to be conscious, and you have to be awake, and that's part of your soul role, your role as a soul, and having come into this world at this time. I believe that it is more important than ever at this time as the world faces its many challenges and many problems, some of which seem unprecedented, perhaps like we've never faced before. Some of them are that, but at least they are unprecedented for my life and for your life. There is something that we call the Law of Mind Action, which is, "Thoughts held in mind produce after their kind." Thoughts held in mind create. It's a law of cause and effect. And so as a man thinketh, so is he. And as the world thinketh, so goes it. So this is how we are all part of what is called collective consciousness. It is a collective consciousness. That's why you are a part of any state, any nation, any world, as well as all the way down to the small into the big. Never underestimate the role that you play, and being aware and awake is important. So there is something called critical mass, which means that when something reaches a particular proportion of consciousness on a particular stream of thought or idea or belief, that it moves into some form of expression, it gains in power, it has an effect, because that is the cause that has been put into motion. And so all of us then want to be evermore conscious, evermore awake, evermore aware spiritually to the high side of life, the high side of truth, so that we can be contributing to solutions and answers that exist and beg to be acted upon. They are there. And this goes for our personal lives as well as the bigger scope of the world, really. All groupings are a part of that dynamic.

Unity Church of Christianity

Your Soul Role

August 7, 2011

Page 3

Just consider what it is that has poured into the world consciousness most recently. Most recently, our entire nation—and really the whole world has been watching—had this huge spat in our government or in our nation over the nation's debt. And surely there isn't anyone who was not aware of this. We had it in our face daily, hourly—nail biting people all over, not just in our nation, around the world, watching us—a knock-down, drag-out fight. It really required an intervention, should have had in some way. But anyway, it showed you whatever it is you want to label it, we couldn't label that good. It was not a great example to our world. It was not something that was healthy. It was agonizing. This is not a discussion to place blame. There's enough blame to go around for everyone. And Washington is playing the blame game. They are masters at it. But the issue is not who is to blame; the issue is for somebody somewhere to begin to take a look at what it is that is one's own individual role in the dynamic of what takes place. "What energy is being brought? What am I doing personally around the energy that is being brought?" This condition all fed then into a collective consciousness of fear, of course, and a sense of insecurity, and that brought on effects like the stock market drop that was significant and the S&P has downgraded the nation's credit rating. And along with this there are other countries that are faced with economic challenges and fears. There is Greece and Italy and Spain and others. The news is filled with various sad and difficult things, including millions of people starving in Somalia. We have here in Texas the situation of the drought, and it's going on and it's in our face every day with triple digit temperatures, and farmers are in big trouble. It's all around us. I live on a lake. It's a small lake, and it's disappearing. It's dropped four and a half or five feet, and the bottom is showing in various places so there's just a couple lagoons here and there. And so as I look out at that and get up every morning and look at that, it can be very, very sad to see what is happening there. And if I'm not careful, it can really, really get me down. That's the point that I'm wanting to make. All of these things that I mentioned that are happening close in and out there in our world and everything, they are happening daily, and they are having the potential to cut into our happiness through fears and worry and anxiety, and we have to be on alert. If we're not careful, we are being conditioned to a feeling. If we allow that feeling to take over and become more consistent and more dominant, we have to really awake again and not let that happen. That's part of being spiritually awake. We have to be on guard for those feelings of helplessness and hopelessness, sadness, anger. You can only imagine the amount of emotions that were being felt across this nation and around the world as they watched what was going on. I'm not talking about blame. I'm talking about that's what was. It is a "what is." It happened. People go through it. And over a period of time, all of a sudden we become conditioned to it and we're taken to a place. We have to remember to be balanced, in balance with the high side. You have to be all the more alert and intentional, because that is our role. That is our soul role. Not just S-O-L-E, sole role for being here, it is our S-O-U-L role. That's why you are here. It's why you've come into this world at this time, with all these things that are going on. Rather than going and hiding, rather than getting angry, it's to try and all the more be a light in the world when it's tough, when times are hard.

Unity Church of Christianity

Your Soul Role

August 7, 2011

Page 4

There are examples biblically of this that we're talking about in looking for the high side. One of them was when Jesus came along and the fishermen were coming in after fishing all night and not finding any fish, not having any catch, and he tells them to go back on out. And of course they looked at him and were not too keen on the idea, very reluctant to do so. The circumstances were, "We didn't catch anything. We spent a lot of hours." But he got them to go out, and he told them to go into the depths, then he told them to throw their nets over the right side of the boat, a particular side of the boat. And they did. And as a result, they had such a huge catch of fish that their boats couldn't contain it. And you have to realize symbolically and metaphysically what that's saying is fish symbolize ideas, and they symbolize Christ's ideas. They symbolize high ideas and higher outcomes. The story is the idea that you can't quit, you can't stop looking for the truth, you can't stop looking for a better perspective, a way out, or for seeing some bright side to life. It's always there. This and this and this can be going on, it can blur you and think that's the only reality, and you have to be able to say, "No. There is another reality that I know, and that's what I'm called to do. That's my soul role at this moment in time: to feed that mass consciousness, the collective consciousness, to do my part, to be a part of that role." And it's so important. There is always the right side that is the high side of the boat, and that's where the catch is and the Christ ideas, the higher ideals.

Another example is Joseph. He is one of my Old Testament heroes. And I refer to him a lot because so much of his life is so full and rich of truth, and one of the things that he exemplifies is this absolute grasp on the connection that he had with good and God and the highest. He never let go of that, no matter what was happening to him. He had a sea of unfortunate things occur in his life. His brothers were jealous of him, and so they tried to do him in. And they took him out and thought they had ended his life, but he fought through that and eventually was sold into slavery. And another seemingly unfortunate series of events had him land in prison through a dishonest occurrence with Potiphar's wife in terms of what was projected on him. Anyway, he never gets down, never gets down through it all. He is an interpreter of dreams. It's found out that he interprets dreams. Pharaoh couldn't find anyone to interpret his dreams. All of a sudden he heard about Joseph, he calls on Joseph, and he tells Joseph what his dreams were. And his dreams were, if you read that passage at one time or another, Pharaoh said, "I was standing on the banks of a river, and there came up out of that river seven healthy, fat cows, and they went over into the meadow. And then out of that same river there came seven lean, unhealthy cows, and the lean, skinny, unhealthy ones went and ate the fat cows. And they still looked lean, even after doing that." And then he woke up. And then the Pharaoh said, "I had another dream, and it was a bit shorter. There were seven ears of grain that were growing on one stalk, and they were full and rich and good. And then there were seven other ears that were thin and blasted by the east wind, and those devoured the seven good ears." And so Joseph interpreted the dreams and he said, "It's God showing you that there's going to be seven years of great plenty followed by seven years of drought and famine." And so Joseph then guided Pharaoh in terms of a plan of gathering and storing wheat for the seven years that would be coming, so in that seven years of plenty. And so Joseph then because of that was put as second in command over all of Egypt,

Unity Church of Christianity

Your Soul Role

August 7, 2011

Page 5

second only to the Pharaoh. And as a result, he had the food when the hard times came, and he was able to save his family and his brothers. They came to him asking for food, not even knowing who he was. They thought he had died. And when they realized who he was, they thought that he was going to issue revenge upon them. And he had that great line that said, “No. You meant it for evil, but God meant it for good.” And so through all of those series of things that happened to Joseph, Joseph never lost sight of the fact that still something good is trying to be birthed here. No matter how dim, how gloomy, how awful things look, something new and good is trying to be birthed. And that’s something that you and I are called to do. That’s our soul role. We are called to do that.

We have to guard against being sucked into fear, because love and happiness will always suffer when we follow the road of fear. And fear is out there everywhere if you want it. Fear simply creates polarities, division, separation, and it is distancing us from love, who we really are. And we watched that happen, most certainly. There were no references to a sense of brotherly love going on in that dynamic. Fear shuts down inspiration and creativity. You can’t even come up with the ideas that are the solutions when you’re so much into that dynamic and that energy. And so solutions that exist go unseen and they go unnoticed because we are not an energetic match to receive. You have to be an energetic match to receive the inspiration and the ideas that are floating around there in order to have them come into being. And so that goes for us individually in our personal lives and some of the things that we watched in Washington as well, of course. A receptive state really requires an inner harmony and an inner knowing that transcends the circumstances. And so love and creativity want to keep coming and growing within every soul. That is the nature. That is our soul role. Fear shuts it down. And so every era of time, and new times basically bring on new problems which then call for new solutions and new creativity. And the challenges and the problems that a person faces in their adolescent life are very different from those that they face when they were an infant. Or a person who is in their elderly stages of life, the challenges are very different than those that they were facing, in many instances at least, in middle age. And so as we grow and unfold and reach other eras, our problems and challenges are different, and they call for different dynamics. But life responds best to circumstances when love, creativity, and inspiration are in harmony within the being. When a husband and wife begin fighting over money, it only amplifies the problem. It doesn’t really solve it. The battle engages around fear, the idea of not enough or who is to blame or who is guilty here, guilty for either spending too much or not bringing in enough or all of that stuff. And the fight and the battle, those energies only push away a solution. It messes with our focus. It takes our attention off of being open to who we really are. It goes into blame and faultfinding and demeaning the other, which is in no way productive or constructive and doesn’t allow anything creative and the juices to flow. And so cooperation is a spiritual virtue, and within that is a universal principle called unity. Cooperation and unity are brother and sister. We are to have unity in our households, we are to have unity with our spouse, with our family, with our friends, with our coworkers, and certainly with God. Everywhere we go we should strive for a cooperative kind of unity of dynamic. In all of us there is a next unrealized potential. Our next unrealized potential is only

Unity Church of Christianity

Your Soul Role

August 7, 2011

Page 6

waiting to be realized this very moment, and it's trying to be birthed. And it may not necessarily be found and discovered through an easy path. It may be somewhat bumpy and difficult. It can't happen if our relationship with ourselves is one in which we are attacking ourselves, self-condemning, self-criticizing, and just getting stuck on what is in front of us. It won't take us into the what can be, into a field of possibilities. We have to get out of that dynamic, that energy of beating ourselves up, being in battle with ourselves. We have to restore a sense of harmony inside ourselves and take it forward. One could say that there is a huge unrealized potential going on right now in our country. And the unrealized potential is not going to be realized with the energies of fighting, attacking, blaming, and all that dynamic. Life is about relationships. It's a principle, a universal principle, and a person succeeds on the basis of building relationships, healthy relationships. Relationships that are bad or contentious or in need of altering the energies or have negative energies in no way provide for a forward force toward something good. And that's why networking is significant. People are successful if they are good networkers. They build a lot of friendships, and then down the road somewhere or another there is an opportunity for a win-win. "Oh, I know what this person has to offer that I can offer them," and all of that dynamic. It's on that basis. Has a Rembrandt painting or a Mozart piece of music ever come out of energies of disharmony? No. It can't happen. You understand that. Nothing creative can. So the point is that all problems when broken down to their foundation are a spiritual problem. And it's very important to do our part to maintain our inner harmony in this world and to be a light, to continually, consciously have the intention of choosing a higher way. "I'm not going to be dragged into this. I'm not going to be pulled energetically into this." I'm not just talking about what happened in Washington. I'm talking about on a daily basis. There are a lot of things happening in this world. You're all facing difficult challenges like you never have before, perhaps. Plus there's a lot of things that are being fed to you by the information age that you never knew about what was going on on the other side of the planet before. Now you have to intake all of that as well. So you have to all the more be on your guard and remember what is your soul role, the soul role in being here.

All of us are into the manufacturing business in a sense. We all are manufacturing stories that we tell ourselves. And with the stories we manufacture images. And so that's all part of the creative process, and we can just keep going with that. And so these images and stories can either take us into the pits, into the lowest of depression even, or they can be used in a creative way, images and stories that move us forward toward a greater good. Right now I think the masses of humanity are needing our work, lifting to counterbalance a lot of what's going on. And the quickest way to go from feeling good in one moment to feeling unhappy or angry or afraid in the next basically is the stories we start telling ourselves or listening to and the images that they bring up around fear. And so just be aware of what's happening. Sometimes unconsciously we tell ourselves that we just can't allow ourselves to feel good. "In the midst of all the negative things that are going on in the world, it just doesn't add up. It's not right. I can't feel good while all this is happening." And yet that's exactly what we have to do. That is our job: to offset and

counterbalance, to be the strong ones, and to not cave in and to hold the light in the midst of darkness.

There's a story that took place that my daughter in the Seattle-Bellevue area emailed me. It was in the news. She said it was an inspirational story for her and many other people. It was about an accident that happened on the freeway. There was a car pileup and there was a little girl, a 9-year-old girl, Rachel Beckwith, who was critically injured in the pileup. A couple days after that, she was taken off life support and passed on. But the story that lives on and is being passed on, the story that inspires, is that Rachel was a child that threw everything that she knew and had into what it is she believed. And so on her last birthday, on her 9th birthday, she had asked for no presents and no celebration—nothing. She wanted all the money to go toward clean water toward developing countries. It was a place she wanted to give her money. And so her goal was to give \$300. She missed it by \$80 when she passed on. Then the church that she attended put it on their website and Twitter, and then the news picked it up, and suddenly \$1,000 an hour was coming in, and eventually over \$200,000 was raised for charity water so that there would be people in Africa that would have safe, clean water. It served a lot of people. But you see, the story is the teaching in which she made a generous, giving, selfless dynamic, so emphatically wanting to be of help and of good, and then how humanity came behind that and wanted to honor this little girl and her vision. The death of a little 9-year-old girl is not a happy thing, yet there is an upside story. And that's what we have to allow to live on is that story. That's our soul role: to contribute and to be a light in the world. And that's what she did, and that's what people were so turned on to.

All of us have an ozone. We have our own ozone layer. We have an ozone that we are either polluting or we are keeping clear as to be a light. And the ozone of the negativity is the O of oppose. You oppose life, you oppose love, you drift away from an alignment with God. The O that opposes and pollutes is words like ominous, oppressive, opposites, ordeals, outrageous, overwhelmed, offensive, obstinate, obnoxious, obscene, opinionated. And then there is the other ozone that keeps it clean and light. And that O stands for open. And other ozone open kinds of words are words like optimistic, ordained, orderly, organized, outstanding, overcoming, overflowing, opportunistic, obedient to God. God asks us not to pollute our consciousness so that as we blend in and are part of the collective mass consciousness that we're a part of the light that counters the shadow side that is seeking to be healed in the world. But it requires people who are conscious and awake and aware. As the psalmist said, "I lift up my eyes unto the hills." Jesus said, "In the world you will have tribulation. But be of good cheer, I have overcome the world." He said, "If I am lifted up from the earth, I will draw all men unto me." And the truth is if you be lifted up from the earth and are not of the world but are in the world, you will draw others to you. You will make a difference. You will be a light that will shine into the shadows that are there.

Jesus also said, "Believe in the light, that you may become sons of the light." This is a time for believing in light when there is a lot of darkness around. And if you are willing to believe, then

Unity Church of Christianity
Your Soul Role
August 7, 2011
Page 8

you are playing your soul role, which is to be sons of the light. And so this is the time, more than ever, to pray, to bless, to ask for God's help, to hold images of good, to stay strong in your faith, to tell stories that paint brightness around our tomorrows. In that way you become a son and daughter of the light. This is our soul role. God bless you.